**The Shackleford Centre - Tier 2 - Reopening Guidelines**

**Effective Wednesday 2nd December 2020**

Whilst the new guidelines state:

* *‘The current*[*national restriction rules*](https://www.gov.uk/guidance/new-national-restrictions-from-5-november)*are still in place until 2 December and must be followed until they expire’*they also state:
* *‘The new rules will come into effect from the****beginning of Wednesday 2 December’.***

The following extracts are from GOV.UK and other guidelines issued on 26NOV20.

More details can be found here: [What you need to know](https://www.gov.uk/guidance/local-restriction-tiers-what-you-need-to-know)

**All tiers**

All businesses and venues that are open are expected to follow [COVID-19 secure guidelines](https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19) to protect customers, visitors and workers. In all tiers, the following businesses and venues can remain open:

* certain leisure and sporting facilities such as gyms, sports courts and facilities, leisure centres, fitness and dance studios, golf courses, swimming pools, riding centres, outdoor playgrounds – subject to relevant [social contact rules](https://www.gov.uk/government/publications/coronavirus-covid-19-meeting-with-others-safely-social-distancing) in each tier. Indoor group activities and classes should not take place at **tier 3**
* public buildings, such as libraries, community centres and halls. They should not host events for private hire, such as birthday parties or most other social activities in tier 3

**Tier 2: High alert**

This is for areas with a higher or rapidly rising level of infections, where some additional restrictions need to be in place.

In tier 2:

* businesses and venues can continue to operate, in a [COVID-Secure](https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19) manner, other than those which remain closed by law, such as nightclubs
* organised indoor sport, physical activity and exercise classes will only be permitted if it is possible for people to avoid mixing with people they do not live with (or share a support bubble with). There are exceptions for indoor disability sport, sport for educational purposes and supervised sport and physical activity for under-18s, which can take place with larger groups mixing

In addition, ukactive\* say this in their FAQs:

**Are exercise classes limited to ‘the rule of 6’ in Tier 1 and 2?**

Exercise classes can have more than 6 people in them in Tier 1 and 2, as long as they follow the Covid secure guidelines including keeping social distancing. However, you are not allowed to have more than 6 people mixing (closer than 2m)

\*[ukactive](https://www.ukactive.com/): Chair, Baroness Tanni Grey-Thompson, is a not-for-profit industry association, promoting the interests of commercial fitness gyms and community leisure centres, with more than 3500 organisations in membership.